

## Callies Finish Ground Cam List - Ford 6.0 Powerstroke

Callies Part #	Solid or Hyd	Duration @ .050		Advertised Duration (@ .006)		Cam Lift		Valve Lift w/1.4 int 1.42 ex Rocker		LSA + Advance	Lobe Ctr.		Lift @ TDC		Application
<b>280 - Ford Powerstroke</b>		Intake Exhaust		Intake Exhaust		Intake Exhaust		Intake Exhaust			Intake Exhaust		Intake Exhaust		<i>Hydraulic Roller</i>
280-001	HR	166	180	238	234	0.229	0.232	0.321	0.329	104.5 + 2.5	102	107	0.016	0.015	
280-008	HR	178	196	230	251	0.262	0.261	0.367	0.371	105 + 3	102	108	0.020	0.029	
280-002	HR	180	200	230	253	0.229	0.232	0.321	0.329	107 + 4	103	111	0.020	0.024	
280-003	HR	180	202	232	257	0.252	0.254	0.353	0.361	107.5 + 4	103.5	111.5	0.019	0.028	
280-009	HR	186	204	238	259	0.229	0.232	0.321	0.329	109 + 3	106	112	0.020	0.029	
280-007	HR	198	214	254	288	0.272	0.268	0.381	0.381	108 + 2	106	110	0.029	0.043	
280-004	HR	198	216	254	291	0.275	0.283	0.385	0.402	108 + 2	106	110	0.029	0.045	
280-005	HR	204	222	254	277	0.286	0.285	0.400	0.405	108 + 0	108	108	0.034	0.061	
280-006	SR	244	252	281	289	0.334	0.334	0.468	0.474	110 + 1.5	108.5	111.5	0.087	0.089	Solid Roller - Race Only!